

AUGUST 2019 SNACK MENU

All meals prepared
by iCookCafe:

www.icookcafe.com



Available Daily SNACK

Every complete meal served
comes with choice of entrée,
fresh fruit or other daily
options and choice of
1% or non-fat white milk.



WEEK 1-2

Thursday, August 1st

Crackers (WG)

Friday, August 2nd - August 9th

No School

Harvest of the Month

Network for a Healthy California



La Cosecha del Mes

Red para una California Saludable

Check out CA Grown produce
each month on the menu
www.harvestofthemonth.com

August
HARVEST OF THE MONTH

Potatoes

Did you know?

A ½ cup of cooked potatoes
provides:

A good source of vitamin C,
carbohydrates and fiber
and vitamin B6, niacin, thiamin,
and potassium.

S: Made from Scratch, WG: Whole Grain, V: Vegetarian

August Snack Menu: *Featured Daily Specials*

WEEK 3

Monday, August 12th

No School

Tuesday, August 13th

Cheez-Its (WG)

Wednesday, August 14th

Graham Crackers (WG)

Thursday, August 15th

Pop Tart (WG)

Friday, August 16th

Pretzels (WG)

WEEK 4

Monday, August 19th

Graham Crackers (WG)

Tuesday, August 20th

String Cheese (WG)

Wednesday, August 21st

Animal Crackers (WG)

Thursday, August 22nd

Mini Muffins (WG)

Friday, August 23rd

Crackers (WG)

WEEK 5

Monday, August 26th

Graham Crackers (WG)

Tuesday, August 27th

Pretzels (WG)

Wednesday, August 28th

String Cheese (WG)

Thursday, August 29th

Rice Crispy Treat (WG)

Friday, August 30th

Baked Oatmeal Cookies (WG)